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# SAFE, EFFECTIVE, AFFORDABLE TREATMENTS ARE AVAILABLE TO REVERSE SIGNS OF AGING

We are born with beautiful unblemished and wrinkle free skin with plump cheeks and full lips. Unfortunately, as time passes we start showing the signs of aging caused by the UV rays from the sun, pollution, gravity, and the decrease in the amount of Collagen and Elastin the body produces. We see these effects as wrinkles, deep folds, blotchy pigmentation, roughness, age spots, spider veins and thinning lips.

Fortunately in recent years there have been tremendous advances in the medical aesthetic field. Safe, effective, affordable treatments are now available to reverse these signs of aging and restore and maintain that youthful appearance so you look as young on the outside as you feel on the inside.

Here are some of the treatments that can be found in medical aesthetic practices:

## **Microdermabrasion & Chemical Peels.**

These treatments use proven technology to effectively exfoliate, inhibit pigment production and lighten areas of hyper pigmentation. These peels help to repair and reduce breakouts, control oil, soften lines and provide a smoother more even skin tone.

**Photo Facials** are designed to combat the effects of aging and damaged skin in a soft and gentle way. Precise amounts of light energy are delivered through the skin's surface which will fade sunspots and reduce pore size to give the skin a youthful glow.

**Botox®** injections smooth wrinkles by safely and selectively blocking the muscle from contracting. As a result, the muscle relaxes and the wrinkles gradually soften and disappear.

**Dermal Fillers** like Juvederm and Restylane restore volume to the face and the lips and help to decrease facial wrinkles and folds. These FDA approved products are very similar to the naturally

occurring substances found in the skin structure and do not cause any allergic reactions.

**ActiveFX™** is a fractional laser procedure performed in a single treatment with minimal patient downtime. During the procedure a high-energy beam of laser light is used to smooth out lines, wrinkles, scars, remove brown spots and other irregularities, and tighten the skin. With fractional laser treatment only a fraction of the skin's surface is treated by the laser leaving small "bridges" of untouched skin. This technique makes the healing process faster and enables you to get back to normal activities sooner.

**Skin Care Products** To help restore and maintain the skin's youthful glow it is important to always wear a good sun block and use good skin care products on a regular basis. Medical aesthetic practices are allowed by the FDA to sell skin care products, which are more effective than those sold in department stores.

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